

Onward

1st Call

Information • Support • Advice • Training



FAMILY HEALTH & WELLBEING EVENT

Join us for a fun day out for all the family - trying new activities and preparing a fresh snack together.

Activities include:

- Mini squash
- Family gymnastics
- Stretch, flexi and relax
- Further information on a free 6-week family programme, free holiday clubs and fully funded memberships for parents

Refreshments and a buffet will be provided - with goody bags for you to take away.

Event open to those who are unemployed and with children aged 5 to 8 years.

WHEN: Saturday 20th January 2pm until 4.30pm

WHERE: Hyndburn Leisure Centre

For more information call: 0300 555 0133 or email 1stcall@onward.co.uk

